MCAT’S mental health staff provide hope during crises to children and adults in Oneida, Herkimer, Schoharie, Otsego, Delaware and Chenango Counties. MCAT responds to crises where they occur face-to-face, virtually and on the telephone. We operate a local crisis line, the 988 line and a mobile crisis response for the region. Our Team is available 24/7/365 for support to individuals, families and community providers. MCAT is funded by each counties’ Department of Mental Health as well as the New York State Office of Mental Health. Our MCAT program is nationally accredited through the American Association of Suicidology.

Scan the QR code for information regarding our services!
<table>
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<th>Our Goals</th>
<th>Our Staff</th>
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| Our goal is to assist people with mental health crisis in the least restrictive setting and to divert the need for emergency services. If you have concerns about yourself, a family member, or a friend call our team for support. | Our highly qualified staff are trained in crisis intervention, de-escalation, and have extensive knowledge of mental health resources. Intensive support is given to a client to avoid a future crisis event. In select counties, peer advocates are also available for additional support. Peers are individuals who have first hand experience and can provide support to clients to provide positive outcomes. | 01 24 hour, 7 days a week intervention services  
02 ALERT status for clients who may face crisis  
03 Wellness calls  
04 Consultation on cases  
05 Flexible assessment methods that avoid unnecessary hospitalizations  
06 Safety planning and linkage to additional services  
07 Bridge Script Program  
08 Suicide prevention services  
09 Forensic reentry crisis service  
10 Postvention/Formalized Debriefing/Defusing |
| Service Area | Community Partnerships |  |
| MCAT is currently available in the following counties:  
- Oneida  
- Herkimer  
- Schoharie  
- Otsego  
- Delaware  
- Chenango | MCAT works in conjunction with several community partners including but not limited to:  
- Schools  
- Medical providers  
- Mental health providers  
- Law enforcement  
- Veteran Outreach Center  
- 988 suicide prevention hotline  
- County mental health departments  
- New York State Office of Mental Health |  |
| Participation |  |  |
| Participation in MCAT services is voluntary, except in the case of a request by law enforcement. |  |  |