

How To Reach Us






Growing a stronger community.

MCAT'S mental health staff provide hope during crises to children and adults in Herkimer, Schoharie, Otsego, Delaware and Chenango Counties. MCAT responds to crises where they occur face-to-face, virtually and on the telephone. We operate a local crisis line, the 988 line and a mobile crisis response for the region. Our Team is available 24/7/365 for support to individuals, families and community providers. MCAT is funded by each counties' Department of Mental Health as well as the New York State Office of Mental Health. Our MCAT program is nationally accredited through the American Association of Suicidology.



Scan the QR code for information regarding our services!

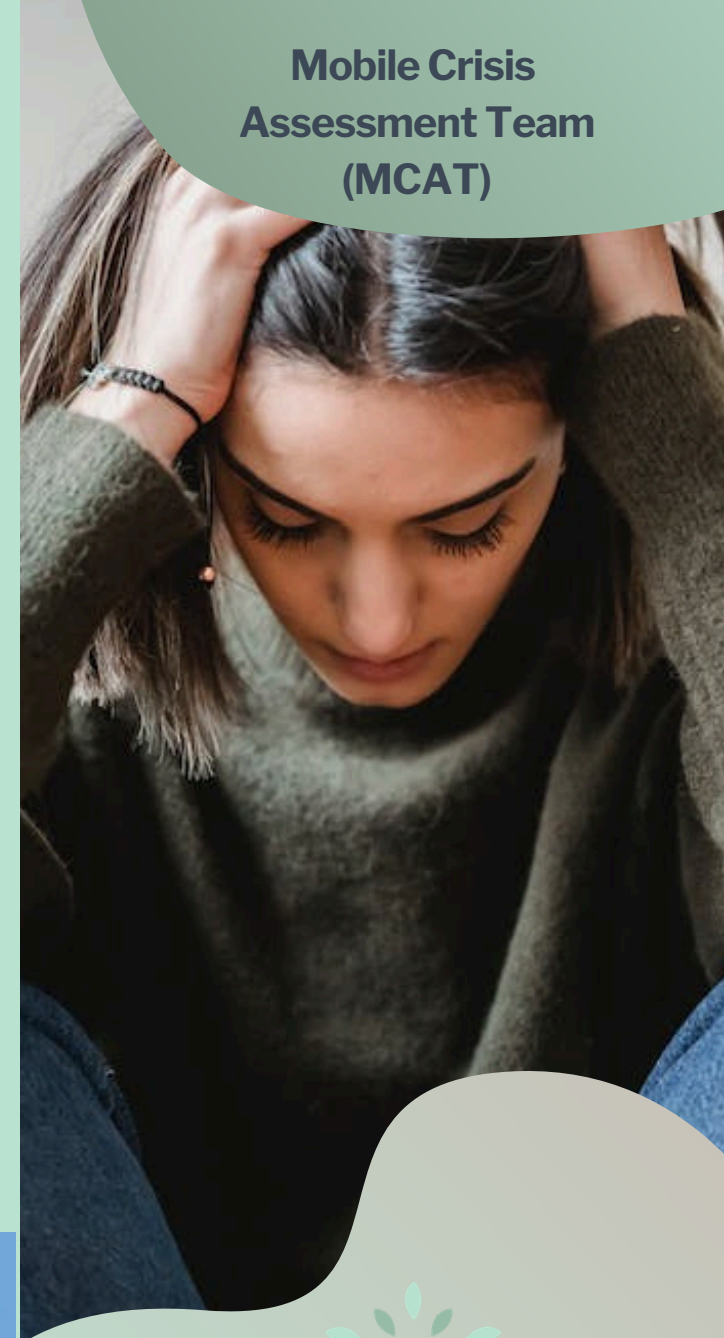
Contact us :

-  (844) 732-6228 (MCAT)
-  www.neighborhoodctr.org
-  616 Mary St, Utica, NY 13501



24/7 CALL, TEXT, CHAT

Mobile Crisis Assessment Team (MCAT)



Our Goals

Our goal is to assist people with mental health crisis in the least restrictive setting and to divert the need for emergency services. If you have concerns about yourself, a family member, or a friend call our team for support.

Service Area

MCAT is currently available in the following counties:

- Herkimer
- Schoharie
- Otsego
- Delaware
- Chenango

MCAT has the ability to respond to crises where they occur, and work with the individual, family, and community based organizations to assist with your needs.

Participation

Participation in MCAT services is voluntary, except in the case of a request by law enforcement.

Our Staff

Our highly qualified staff are trained in crisis intervention, de-escalation, and have extensive knowledge of mental health resources.

Intensive support is given to a client to avoid a future crisis event. In select counties, peer advocates are also available for additional support. Peers are individuals who have first hand experience and can provide support to clients to provide positive outcomes.

Community Partnerships

MCAT works in conjunction with several community partners including but not limited to:

- Schools
- Medical providers
- Mental health providers
- Law enforcement
- Veteran Outreach Center
- 988 suicide prevention hotline
- County mental health departments
- New York State Office of Mental Health

Program Services

- **24 hour, 7 days a week intervention services**
- **ALERT status for clients who may face crisis**
- **Wellness calls**
- **Consultation on cases**
- **Flexible assessment methods that avoid unnecessary hospitalizations**
- **Safety planning and linkage to additional services**
- **Bridge Script Program**
- **Suicide prevention services**
- **Forensic reentry crisis service**
- **Postvention/Formalized Debriefing/Defusing**